

The background is a traditional Chinese ink and wash painting. It depicts a large number of cranes in various poses: some are in flight, soaring across the sky, while others are perched on gnarled pine tree branches. The pine trees have dense, dark needles. The overall style is elegant and serene, typical of traditional Chinese art. In the top right corner, there is a vertical inscription in Chinese characters: '百鶴呈祥' (Hundred Cranes Presenting Auspiciousness) and '己丑年春畫' (Painted in Spring of the Jichou Year).

Qi Gong étirements méditations

Les Samedis de 9h00 à 11h30 au Pradet

ATELIERS MENSUELS

5/10, 23/11, 7/12,
18/01, 08/02, 7/03, 4/04, 9/05

Inscription ouverte à tous - Maximum 10 personnes
participation : 25 € ou 20 € (adhésion ALP)

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